

FREE VITAMIN D MONTHLY NEWSLETTER – SEPTEMBER 2016

Free 25OH Vitamin D publication list by disease field

Dear Valued Distributor,

In order to help you to target the right clinicians and research groups we have listed the [publications on free 25OH Vitamin D by disease field / condition](#).

The availability of a direct measurement method from DIASource allows for a simple and accurate quantification of free 25OH Vitamin D concentrations, hence stimulating the research around this critical parameter.

Take a look at the list of publications by main disease field / condition:

- **Obesity / Insulin (5)**

- HOLICK M. (2000)
Decreased bioavailability of vitamin D in obesity.
Am. J. Clin. Nutr., 72:690–693.
- BIKLE D. (2013)
Vitamin D3 effects on lipids differ in statin and non-statin-treated humans: superiority of free 25-OH D levels in detecting relationships.
J. Clin. Endocrinol. Metab., 98(11):4400-9.
- KARLSSON T. (2014)
Increased vitamin D-binding protein and decreased free 25(OH)D in obese women of reproductive age.
Eur. J. Nutr., 53:259–267.
- MIRAGLIA DEL GIUDICE E. (2015)
Bioavailable Vitamin D in Obese Children: The Role of Insulin Resistance.
J Clin Endocrinol Metab. 2015 Oct;100(10):3949-55.
- WALSH J.S. (2016)
Free 25-hydroxyvitamin D is low in obesity, but there are no adverse associations with bone health.
N. Engl. J. Med. 374(17): 1695-1696.

- **Pregnancy (4)**

- THADHANI R. (2010)
First trimester vitamin D, vitamin D binding protein, and subsequent preeclampsia.
Hypertension, 56(4):758-63.
- BIKLE D. (2013)
Variability in free 25(OH) vitamin D levels in clinical populations.
J. Steroid Biochem. Mol. Biol., S0960-0760.
- SCHWARTZ J.B. (2014)
A comparison of direct and calculated free 25(OH) Vitamin D levels in clinical populations.
J. Clin. Endocrinol. Metab., 99(5):1631-7.
- JONES K.S. (2016)
Vitamin D expenditure is not altered in pregnancy and lactation despite changes in vitamin D metabolite concentrations.
Scientific Reports 6, Article number: 26795.

- **Liver disease (5)**

- BIKLE D.D. (1986)
Free 25-Hydroxyvitamin D Levels Are Normal in Subjects with Liver Disease and Reduced Total 25-Hydroxyvitamin D Levels.
J. Clin. Invest., 78:748-752.
- REESE P.P. (2012)
Changes in vitamin D binding protein and vitamin D concentrations associated with liver transplantation.
Liver Int., 32(2):287-96.
- BIKLE D. (2013)
Variability in free 25(OH) vitamin D levels in clinical populations.
J. Steroid Biochem. Mol. Biol., S0960-0760.
- SCHWARTZ J.B. (2014)
A comparison of direct and calculated free 25(OH) Vitamin D levels in clinical populations.
J. Clin. Endocrinol. Metab., 99(5):1631-7.
- BIKLE D. (2015)
Total 25(OH) vitamin D, free 25(OH) vitamin D and markers of bone turnover in cirrhotics with and without synthetic dysfunction.
Liver Int. 2015 Mar 11.

- **Renal disease (5)**
 - COYNE D.W. (2012)
Bioavailable vitamin D in chronic kidney disease.
Kidney Int., 82:5–7.
 - THADHANI R.I. (2012)
Bioavailable vitamin D is more tightly linked to mineral metabolism than total vitamin D in incident hemodialysis patients.
Kidney Int., 82:84–89.
 - DENBURG M.R. (2013)
Vitamin D bioavailability and catabolism in pediatric chronic kidney disease.
Pediatr. Nephrol., 28:1843–1853.
 - REBHOLZ C. (2015)
Biomarkers of Vitamin D Status and Risk of ESRD.
Am J Kidney Dis. 2015 Oct 13. pii: S0272-6386(15)01161-0.
 - VIVEKANAND J. (2015)
Bioavailable vitamin D levels are reduced and correlate with bone mineral density and markers of mineral metabolism in adults with nephrotic syndrome.
Nephrology (Carlton) Oct 1.

- **Intensive care / Critical illness (3)**
 - QURAIISHI S.A. (2012)
Vitamin D in acute stress and critical illness.
Curr. Opin. Clin. Nutr. Metab. Care, 15(6):625-34.
 - DE PASCALE G. (2014)
Vitamin D status in critically ill patients: the evidence is now bioavailable!
Critical Care, 18:449.
 - MADDEN K. (2015)
Critically Ill Children Have Low Vitamin D–Binding Protein, Influencing Bioavailability of Vitamin D.
Annals of the American Thoracic Society, Vol. 12, No. 11 (2015), pp. 1654-1661.

- **Osteoporosis / Bone mineral density (5)**
 - DATTA H.K. (2006)
Assessment of Vitamin D Status in Male Osteoporosis.
Clin. Chem., 52(2):248–254.
 - THADHANI R. (2011)
Vitamin D–Binding Protein Modifies the Vitamin D–Bone Mineral Density Relationship.
J. Bone Miner. Res., 26(7):1609–1616.
 - JORDE R. (2014)
Serum free and bio-available 25-hydroxyvitamin D correlate better with bone density than serum total 25-hydroxyvitamin D.
Scand. J. Clin. Lab. Invest., 74(3):177-83.
 - NIMITPHONG H. (2015)
Relationship of vitamin D status and bone mass according to vitamin D-binding protein genotypes.
Nutrition Journal 14:29.
 - VIVEKANAND J. (2015)
Bioavailable vitamin D levels are reduced and correlate with bone mineral density and markers of mineral metabolism in adults with nephrotic syndrome.
Nephrology (Carlton) Oct 1.

- **Cancer (4)**
 - MONDUL A.M. (2012)
British J. Cancer, 107:1589–1594.
Influence of vitamin D binding protein on the association between circulating vitamin D and risk of bladder cancer.
 - WANG J. (2014)
Plasma free 25-hydroxyvitamin D, vitamin D binding protein, and risk of breast cancer in the Nurses' Health Study II.
Cancer Causes Control., 25(7):819-27.
 - WANG S.-K. (2015)
Circulating vitamin D binding protein, total, free and bioavailable 25-hydroxyvitamin D and risk of colorectal cancer.
Sci. Rep. 5, 7956; DOI:10.1038/srep07956.
 - CHAN A.T. (2016)
Plasma 25-Hydroxyvitamin D, Vitamin D Binding Protein, and Risk of Colorectal Cancer in the Nurses' Health Study.
Cancer Prevention Research. Published OnlineFirst May 31, 2016; doi: 10.1158/1940-6207.

Other studies have been published in the fields of the use of oral contraceptives (1), hormone replacement therapy (1), inflammatory disease (1), primary hyperparathyroidism (1), respiratory disease (3), falls / hip fractures (3), multiple sclerosis (2), cardiovascular disease (1), HIV (1), premature infants (1), cystic fibrosis (1).

Free 25OH Vitamin D

More and more studies support the importance of free 25OH Vitamin D, suggesting that this fraction of 25OH Vitamin D is, in certain cases, a better measurement of Vitamin D status rather than the total 25OH Vitamin D.

Several research groups have therefore called for a direct measurement of free 25OH Vitamin D, instead of using inaccurate calculation methods.

Yours truly,

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